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## To The Reader



Have you ever learned something new from someone younger than you?

Or had a fun experience sharing your knowledge with someone older who was eager and curious to learn from you? It's amazing how we can learn from each other and grow in the process.

That's why we're excited to focus on **reverse mentoring** in this newsletter – where the mentee helps the mentor learn a new skill they're good at, giving the mentor a chance to experiment with something novel and different.

**Reverse mentoring** is all about breaking down barriers and building belonging. We began the new year with two fantastic programs – the 'Design Your Life' workshop for mentees and the 'Mentor-Mentee Day' for the Take Charge community. Both were engaging, fun, and enjoyable.

We also held a **Mentoring Conversations** session for mentors, where we discussed the low count of meetings happening every month. Mentors shared their experiences, concerns & insights and brainstormed on how engagement and connection can be enhanced....thanks to everyone who attended and shared.

We are on this wonderful journey to make a difference to every individual through shared experiences, connection and communication. At the end of it, we want to all go back energized and delighted with the change and progress we have made, both as mentor and mentee. Let's **make an all out effort to build the bond through regular and engaging meets** – Initiating, exploring, interacting – **creating the Connect that Counts!** 

Our mentors and mentees are a gifted lot – we want to **showcase your work** through the pages of our quarterly newsletter,.....what are you waiting for, send in your poems, articles, art and craft, photography, paintings, sketches and any other creative work. Some have already sent it, keep your creative juices flowing.

The **St. Joseph Education and Technical Training Trust** recognised academic excellence of our young achievers, who were appreciated with cash awards and certificates. Read more about it here.

We have an exciting webinar on "How to make money work as hard as you do" by Anthony Heredia, one of our own Take Charge mentors on 30th April, so block your calendar and be there, cause money matters.

Let's learn, appreciate and grow - and keep the connection going!

Cheryl Fereira

Mentor speaks

## REVERSE MENTORING IN A MENTOR – MENTEE RELATIONSHIP



Mentoring is a learning partnership between two people with different backgrounds and experiences – it is a mutually beneficial partnership where both achieve new learning, new insights and grow as human beings affecting positive change in both mentor and mentee.

While traditional mentoring has been around since the time **Socrates famously mentored Plato**; the first to recognise the importance of "**Reverse Mentoring**" was John Welch (CEO of GE) who popularized it in the 1990s when he noticed the increasingly important role of technology in the workplace, and a growing technological skills gap amongst the older employees. This gap is advancing rapidly even today, given the rapid growth and application of technology in our daily lives.

Reverse mentoring is increasingly used today in business organizations which recognise that the millennials bring to the table talents and knowledge which may be new to the Gen-X employee. The idea is that **the mentee can share their expertise** (commonly, technology and digital media topics or various artistic talents) with the senior mentor, who may be less familiar in these areas.

Reverse mentoring embraced by mentors at Take Charge can yield dividends. Listening to mentees stories and ambitions about jobs and careers can give mentors valuable inspiration to focus on their own career and professional future and learn new skills thus bringing more value to the table.

My interactions with my mentees have offered me numerous opportunities to practice and build interpersonal skills, such as communication, active listening, empathy and patience in addition to learning about the mentees strengths and what it is that makes them "tick".

At Take Charge, I have used Reverse Mentoring as an opportunity to learn and at the same time uncover the hidden talents in my mentees. This has given me a platform to acquire skills while building a quality and long-lasting relationship with all of them. Being a Scientist by profession, I was always a far call from the Art industry. Since joining Take Charge in TC-3, my mentees have introduced me to the world of Mass Media, Social media, Graphic Designing and Zoom Video Conferencing with all the gimmicks that it offers.



Some of My experiments with Reverse Mentoring -

- 1. Creating A Buddy Group Logo it's always been a tradition in our Buddy Group that it is the Mentee who creates the logo for our Buddy group and presents it to Take Charge after brainstorming with all mentors and mentees of the team. The credit for our Buddy Groups Logo for TC-5 goes to Breanna Fernandes. In her own words our logo "North Just Budzees symbolizes our group of GenZ comrades who look forward to a set of interesting and learning interactions. The Bee in the Logo signifies the Zing associated with this tiny insect as we choose to associate with its integral qualities Concentration, Dedication, Communication, Productivity et al. North signifies that Our Group lives in the North, but also aim higher. We are more than just what meets the Eye, are we "North"?
- 2. My recent tryst with my mentee Edna Vaz introduced me to "Nail Art" a much-loved feminine style in today's world. As a woman I was always attracted to Nail Art but hesitant since my personal experience at a parlour was not too good. With Edna I learnt the art of applying "Gel Nail polish" in a painless way within a short time. That was a fun evening for both with Edna displaying her talents and excellent execution style.
- 3. An evening out with Breanna has always been interspersed with laughter but Our Role Reversal Outing was where I learnt all about "Creating a Reel, using apps such as In-shot and posting the reel on Instagram. A confidence building activity for me since I always had a few doubts and didn't quite understand Instagram completely.

To sum up - Reverse mentoring creates a reciprocal relationship with open communication; such that the mentoring equation can grow. It

could be a millennial teaching a baby boomer how to use Snapchat as a marketing channel, A Gen Z employee mentoring a Gen X employee on the latest trends in technology, Or A Take Charge Mentee mentoring A Take Charge Mentor on the latest trending skills which the Mentor may want to learn.







### **REVERSE MENTORING**





I had a great time teaching Asha a new **nail art technique**.

We talked about her unfortunate experiences getting

We talked about her unfortunate experiences getting gel polish at a salon. I made sure to take extra care with her nails and avoid any discomfort during the session.

After we finished, Asha told me that she felt comfortable and enjoyed learning from me. Her kind words were very rewarding and made my day, knowing that I was able to provide her with a positive experience and teach her something new

- Edna Vaz - TC 5 Mentee

On a fine Thursday afternoon, we decided to relive our school teacher's day celebrations, and do something a little different from our usual meet-ups. We decided to switch roles and learn something new. **Making videos** may not have been my expertise, but with the little that I knew about Instagram and reels, we made a reel together and my mentee for the day was as excited as she could be. Her happiness was another reminder of my school days. We devoured a quick meal and hopefully, this won't be our only time trying something new during our sessions.



- Breanna Fernandes - TC 5 Mentee

#### Meant to be

I teach, I learn,
I learn, I teach
Mentoring is a two-way street
Age is no bar,
To internalise something good
To learn from each other
And understand better
To engage fully

And enjoy the moment
Of giving and receiving,
Appreciating talent,
To discover a novel way
Learn a new craft,
Happiness happening with heart
Doing things in 'Reverse' can be fun
And the result - a special one!

-Sharon Pires - Program Manager

## |Photography|







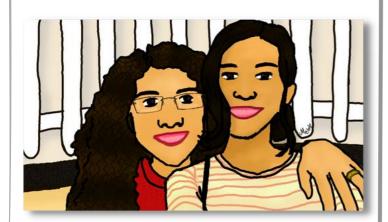
Lily Dsouza - TC 5 Mentee





Kenneth Ornello - TC 5 Mentee

## Artwork



Melody Frank - TC 5 Mentee (Painting of mentor and mentee)



Amanda Pereira - TC 5 Mentee

### Talent Zone

#### I did it!!!



My name is Dean Fernandes I'm studying at St Andrews college. So we recently had out annual college fest mosaic where we got an amazing opportunity to showcase our talents and perform on stage in the auditorium of our college.

I really had the time of my life performing with my friends in the band as well as solo n duets!!! It was really great exposure...

Looking forward to such opportunities!!!



Dean Fernandes - TC 5 Mentee

Don Bosco College of Hospitality Studies hosts their annual event "Spectrum" each year which revolves around extravagant themes. So after 3 years, the college held Spectrum on Wednesday the 15th of February. The event was hosted by all the students of all the years. We also had gorgeously hand decorated cakes on display, representing the various stages of life. I was overjoyed that **my mentor attended** this event and supported me.



- Glenn Johnson - TC 5 Mentee

Meeting with Winston on 28th February was a great benefit for me as a mentor as he was able to give me and Natasha great feedback about how to tackle 2nd year MBBS and an insight into the subject matter and teaching aids available. I was so happy for him to meet my daughter.

- Leela Francisco - TC 5 Mentor



## **Mentoring Conversations**



An online session, 'Mentoring Conversations' was held on Sunday 26th February, This interaction was to take stock of the relationship between the pairs and how things could be improved.

With mentoring relationships, the frequency and duration of the meetings – builds connection.

#### Feedback from mentors:

**Creating Bonding and Excitement:** If the mentor and the mentee believe the relationship is going good, apparently whatever they're doing in whatever shape and form should meet the expectations of both parties.

Mentorship is about deep conversations and parties investing time and having a specific agenda to meet a goal at the end of the cohort. Each mentee has a different need and as mentors we need to be there for them. As mentors we come with the natural label that we need to solve problems for our mentees, this is not always the case. A fun session would help bonding.

**Meaningful interactions online can be logged:** My mentee is studying and is not in town, we connect online and have conversations but cannot meet in person, can this also be logged as a call. If the interaction is a meaningful one, you can. It is up to both of you to decide, the call could be around 30 minutes. Every opportunity to meet in person is optimized when he comes on his breaks.

Time invested in mentoring: Some questions to ask ourselves is also how much have we invested in terms of trying to connect with the mentee, trying to create that trust and bonding? Have we had any interactions with them? Because they are young people, if we start trying to teach them things right from the beginning without having created that bond, they'll run away. They want somebody who's beyond a parent and beyond teaching or giving their perspectives totally. We need to have some lighter and more bonding activities happening in the beginning.

Connecting to your mentee's interest: If your mentee is interested in some field in which you may not have enough inputs do make attempts to look up information and get to know about this area yourself and also share it with him/her. This would create an instant connection as he/she will feel you are interested in him/her. Keep sending inputs that you like and think might be of interest.



**Being vulnerable:** Share your challenges and tough times with your mentee and how you overcame them. Be vulnerable and authentic.

**Topics that can be helpful for life:** Introducing topics that would help mentees later in life are important like financial planning etc. Besides, your mentee from a previous cohort can also meet and exchange ideas with your current mentee. This will bring in sharing and growth

**Mentors Role:** As mentors we are critical of what the mentees are either doing or not doing, positive or negative.

**Physical meetings are important:** The need to connect offline is important; this digital thing can only take you so far.

Some suggestions to make meetings happen and keep the excitement going:

- Meet up a different venue so that the excitement is there
- Be an active listener not just an adviser
- Encourage mentee to take the initiative to schedule meetings
- Keep regular calls and whats app messages going between meet-ups
- Post something of mentees interest even if it may not be something that excites you, build the bond.
- Have fun. Do something creative and new.
- Be conscious of the language used, as this can create barriers to communicating with someone who is so much younger than you.
- Learning is a two-way process and we can learn from each other. It is not only the mentees who are benefitting but mentors expressed that they have gained much from the interactions with their mentees as well.





## Journey to being a Bestseller!!!



The 'Bestsellers Club' had its first meeting on 5th March 2023. Caroline Pereira, the club co-ordinator and mentors Hywel Pinto and Mandeep Duggal started the meeting by introducing themselves. Hywel went on to share the objectives of the book club - to suggest, discuss and appreciate the different kinds of books and how you can write and publish your own book.

Hywel had grabbed everyone's attention. His take is that everyone is creative and gave the example of Calvin the cartoon character. He shared with us how to structure a story using the Freytag's pyramid. It outlines the 7 steps of successful story-telling: exposition, inciting, incident, rising action, climax, falling action, resolution and denouement.



Some of the important points to keep in mind while writing a story are:

The start - the idea.

The Plot - is setting a course.

The importance of research.

Character development.

The ending - keeping the story alive.

Editing - grammar, spellings, punctuations.

Mentors and mentees appreciated the team's effort and the presentation by Hywel. Members recommended books from different authors. There was also a discussion related to the writing and publishing process.

The Bestsellers Club enjoyed their interaction and would love to see more participants join the next meeting in June 2023.





## **Buddy Group Meet-Ups**











**North Just Budzees** 









**Pathners** 



### **Mentor Mentee Day 2023**



hank you Take Charge for a fantabulous Mentor Mentee day on 29th Jan 2023.

Full credit goes to the complete Take Charge core team including volunteers from previous cohorts for conceptualizing and giving your all for making it happen. There was not a moment to rest ... the interesting games including treasure hunts, breaking the balloon, making a sandwich and many more were simply too much fun. The performances put up by the team especially the waist twisting dancing on the latest music were mind blowing. Most importantly it also gave me an opportunity to meet fellow mentors and mentees though the time was very short. The striking Take Charge T-shirt gifts and the yummy biryani was the icing on the cake to end a fantastic morning. The best part of the event was that we all experienced the joy of being there as we felt the participative spirit and the sincere efforts put in by everybody concerned.



I am sure this will give a boost to the Take Charge cause and double and triple the size for the next cohort.

And I'd conclude by saying that those who missed it, you really really wished you were there. And to the Take Charge team you have now set a very high benchmark to emulate. Waiting eagerly for the next event. And please don't make us wait too long.

Thank you so much once again.





#### The M and m's encounter



"The Mentor-Mentee Day," the day we were eagerly waiting for, was finally held on 29th January 2023 at Stanislaus School grounds, Bandra, organized by the Take Charge Team, which was so beautifully executed. When I learned that TC-5 was having a sports day, I felt so excited. Sports has always been an excellent platform for mentoring relationships to thrive. The Mentor-Mentee Sports Day provided a perfect opportunity for mentors and mentees to bond through healthy competition and teamwork.









What an awesome day it was! We started off by stuffing our tummies with a scrumptious breakfast, ready to take on the exciting day ahead. But before we could get into the games zone, we began with a prayer, setting a positive tone for the day. Then, we got our bodies grooving with a warm-up dance called "Know Your Body Parts." It got everyone up and moving, and we were pumped up for the games!



We were all divided into groups, with most of the mentors and mentees together. But, to make things more exciting, my mentor and I were in different groups, and I couldn't wait to compete against him. The first game was a treasure hunt, where we had to find clues and complete fun challenges, like taking a selfie at a particular spot. It was such a blast! Next up was the quiz on "Take Charge," where we had to use our brains and knowledge to score points. Then, we played "Pass the Ball," followed by a dance on "Choco Latte." We even had to burst balloons by sitting on them! But the real highlight of the day was the sandwich game. Everyone was laughing so hard that their stomachs were hurting, but we were all hungry for more.



Finally, the day ended with mouthwatering Biryani and Gulab jamun,

which was everyone's favorite. What a fun-filled day it was, where we got to bond with our mentors and mentees and make new memories.

It was also an opportunity to foster connections and create lifelong memories.

Can't wait for the next Mentor-Mentee Day!



## **Mentor Mentee Day**

























Our grateful thanks to Fr. Frazer and the support staff, trustees, volunteers, dancers, mentors, mentees and TC core team. Your involvement and engagement contributed in a big way to the success of our 'Mentor-Mentee Day'.

Take Charge Team.

## **Experience Sharing**



Loved the energy and camaraderie all around. We should do such events more often. Kudos to the Take Charge team.

Asha Almeida

Very well organised.. thank you!! Had a a lot of fun and could connect well with my Mentee!!

Rohit Ambosta

Thank you Take Charge for a fantabulous day. The volunteers especially the mentees of previous years.

Ajit Martis

The brilliant energy of the team & the volunteers made this a memorable day for everyone

Smita Rodrigues Nath

Thank you Take Charge for this wonderful event. The organisers n volenteers were fabulous!

Shalini Fernandes

Had a super fun morning with TakeCharge mentors and mentees. So much of positive energy all around.

Nigel Heredia

Thank you everyone who really worked to put this event together, it was a fun day
Thank you for the cap and T shirt.

• Wynzel Chhabria

Had a wonderful day yesterday, TC trustees, organizing committee, and volunteers! Super job.

Anita Limaye

The rendezvous at St. Stanislaus was a memorable, fun filled, energetic interaction. It was a Sunday worth remembering.

Santosh AV

Thank you Take charge for an amazing time, it was a fun filled day. Met many mentors and mentees and am glad to have a group who participated with enthusiasm.

Sherlyn Pereira

Thank you Take Charge for having such an awesome event. I had a lot of fun meeting new people and made new friendships.

Alano Miranda

As a first timer it was refreshing to see such enthusiasm, energy and engagement amongst all.

Enjoyed the dancing.

Vibhu Nagral

Thank you for a fabulous day! It was sooo good to meet all the energetic mentors n mentees! A

Cheryl Samtaney

Had a memorable day yesterday. Enjoyed to the hilt. Well organised. Thanks TC and all who spent time organising the event.

Patrick D'souza

Thank you Take Charge team. Had a fantastic day yesterday.

Margaret Munnaluru

What a lovely Sunday it was!! Thank you to the team for great organisation, energy and innovative ways of engaging us all.

• Fiona Dias Miranda

Thank you, Take Charge for a charged-up day. Super teamwork by mentees and coordinators!

June Dias

Had a nice funfilled day, the youth did a fabulous job to keep all engaged, entertained and ensure all had fun through ganes, quizz, dance etc.

Arloph John Vieira

As always, thank you Take Charge for planning unique sessions and events. The day was definitely filled with lots of energy amongst mentors and mentees.

Bianca Rodrigues



### **Design your life**



On 14th January 2023, Ryan Barretto, coach, trainer and Take Charge mentor conducted a workshop on 'Design your Life' at Loyola Hall, St. Stanislaus Bandra.

Everyone wrote their expectations on post-it slips and put them up on the sticky wall... overcoming fears, greater confidence, speaking well in public, career guidance, resume building, time management, managing personal and professional life.

The workshop would bring **clarity on** – the difference between life and career design, what is career design? Why is it important? with tools for career design and life management.

#### Some revealing and fun exercises suggested were:

Ask 5 friends to describe you in 3 words. Shut up and listen. Don't justify. Think about what they said and if you feel it is true then, these are places for you to develop and grow through positive action.

Sign your name with your dominant hand, for most of us it would be our right hand. Note down your feelings and experience. Now sign your name with your non-dominant hand, and note down your feelings and experiences. Challenge yourself to tasks that are not so easy. Move out of your comfort zone.





#### To Build Recall Value at your interview

Know yourself - Awareness of your strengths and weaknesses, talents etc is important Know your industry - Read up and learn about the industry you want to make a career

- · Create a strength-based resume Focus on your strengths and showcase them
- · Create interview responses based on strengths Highlight your strengths in your response especially those that match with the job requirement

#### **Your Personal Superpowers**

- · Thinking Quality of your thoughts (happens inside you : cannot be seen by others)
- · Feeling Ability to regulate your feelings (happens inside you : cannot be seen by others)
- · Speaking How you think and feel will reflect in your speech
- Behaving How you think and feel will reflect in your behaviour

#### Skills to develop

- · Analytical understand and evaluate what is happening
- · Constant learning be infinitely curious
- · Communicate with clarity be precise and specific
- · Influencing others we have been doing this from childhood and often do not realise it
- · Emotional influence/ Flexibility Are you a good team player?
- Delivering value to the organization Prioritise the organization's needs and show how your skills can help achieve them.
- · Self-rating skills can you objectively rate yourself and work on your biases, weaknesses etc.
- Digital and Soft skills Technology is driving the world today and we need to be up-to-date.

#### **Types of Jobs**

There are **Strategic** and **Execution** jobs and what is needed today is a blend of both, where **Analytical skills** take top priority.

#### Skills + Talent + Educational Courses = Tasks + Deliberate Practise = My Dream Job

- **Emotional Intelligence:** the ability to understand, use and manage your emotions in positive ways to relieve stress, communicate effectively, empathize with others, overcome challenges and defuse conflict. Today your EQ is more relevant than your IQ
- **Physiology of Brain:** The brain will always protect us from perceived danger by eliciting from the body a freeze, flight or fight response to the fear.
- Facing Insecurities: These may stem from fear, guilt, shame, insult, past negative experiences etc. which are all in our mind. Some techniques to deal with them would be: challenging your thoughts, overcoming fear by facing it, keeping good company, asking for help, prioritizing your needs, reflecting on the good and avoiding negative news. As Edmund Burke says When you fear something, learn as much about it as you can. Knowledge conquers fear.







Your circle of focus: Increase the areas that are within your control/influence.

Do not focus too much on the concerns as these are often not within your control. If you increase the areas of control and influence you will be able to effectively deal with the concerns and they will not overwhelm you



**Johari Window** helped us understand our open and hidden areas, our blind spots and what is known to us and others.

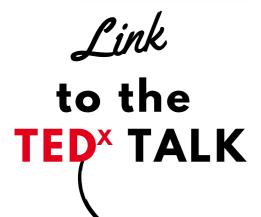
**Wheel of life:** is a way to take a good look at each facet of your life and rate its relative quality level, so you can uncover which areas need more attention than others. You can identify where you are excelling and where there is room for improvement, and discover where the gaps are between where you are today and where you want to be.... Design your life.

A special thanks to Ryan Barretto for conducting this wonderful workshop for our Take Charge mentees and sharing his workbook with us, hopefully it will take us closer to 'Living a Life by Design'.



- Sharon Pires - TC Program Manager







https://www.ted.com/talks/emilie\_wapnick\_why\_some\_of\_us\_don\_t\_have\_one\_true\_calling?utm\_source=rn-app-share&utm\_medium=social&utm\_campaign=tedspread



## St. Joseph Trust Awards Academic Excellence



The Annual Awards for Academic Excellence of the **St. Joseph Education and Technical Training Trust** was held on Saturday, 18th February 2023 at the Crystal Hall, Antonio da Silva, Dadar. A thanksgiving mass was celebrated in gratitude for all the blessings showered on us.

Anthony D'Souza, welcomed the gathering and traced the history of the Trust and the services it rendered. The Take Charge Mentorship programme in association with the Archdiocese of Bombay has mentored over 450 plus youth till date and going strong. The Trust has instituted awards for young achievers.

Cheryl Pereira, emphasized the importance of passion, perseverance and hard work but, above all, the one quality vital for success was Grit – sticking to your future, come what may. 'Pronoia', the belief that the universe is working for you is helpful to achieve success.

Nalini Pinto, spoke about resilience, patience and creativity. There is no alternative to hard work and a belief that the best is yet to come. Students should do what they love and love what they do.

Warren, a past BCSA awardee, an IIM Bangalore graduate, motivated students to do an MBA from a top university, stating its importance from a) brand name perspective, b) Job opportunities, c) networking, and the d) the financial remuneration. He stressed on the importance of a mentor and acknowledged his mentor played a big role in his all-round personal and professional development.

Brian Almeida, helmed the event, and proposed the vote of Thanks.













# Menter Meetings















A mentor is someone who sees more talent and ability within you, than you see in yourself, and helps bring it out.





## **Success Story**



y association with Take Charge began during its early stages, as part of the first cohort of mentees in 2015. I remember not knowing what exactly to expect, but still, I was enthusiastic about meeting my Mentor. My conversations with Fiona Dias Miranda, were full of new learnings and experiences. During our interactions, Fiona intently listened to my stories, dreams, and aspirations. Together we discussed ideas, explored possibilities, and decided on an action plan.

The entire process helped me consider multiple options and make informed choices. Fiona always said that "If I can't help you with something directly, I can surely get you connected with someone who can guide you better." I learned that it was okay to approach people far more experienced than I was to seek support and guidance. I was also connected with an NGO where I spent a year working with underprivileged and HIV-infected children in the rural parts of Northeast India. The year passed very quickly and I graduated from the pilot batch of Take Charge. However, my relationship with Fiona, Luis, and their family has continued.

Over the years, I've attended various workshops aimed at personal and professional development, whilst extending my interaction with several mentors at Take Charge. From each one of these interactions, came new information that helped me build perspective.

A commonality amongst the mentors is the eagerness with which they look forward to sharing from the wealth of experiences they've accumulated. My journey with Take Charge has been a unique one, exposing me very early on to the benefits of mentorship. I fondly look back at my experiences here and will continue to stay connected with Take Charge.









Please Note:
Since there is a demand for
Public Speaking, we will have a
workshop instead of a club. Thanks.



### "Does your money work as hard as you do?"

An online workshop will be conducted on 30th April 2023 at 4pm by Mr. Anthony Heredia.





## **Your Contribution Counts**

Sponsor a Mentee:

#### • Sponsor Training Modules

Brand placements / sponsorship of our formal training sessions by corporates / entrepreneurs.

#### Donations

We are open to donations of any amount.

Sponsor one or multiple mentees.

A donation of **Rs. 45,000** will cover one mentee over the entire 21 months of formal mentoring.

#### All donations are exempted under 80G.

- Donations are welcome from resident Indian citizens only
- For RTGS / NEFT / Cheque -

Beneficiary Name: St. Joseph Educational & Technical Training Trust

Beneficiary bank: Citizencredit Cooperative Bank Ltd.

Saving Bank A/c No: 2090022000007800

IFSC Code: CCBL0209002

- Razor Pay <a href="https://pages.razorpay.com/pl">https://pages.razorpay.com/pl</a> F5YRtWPRtjQYYP/view
- To register for 80G please fill out this form https://forms.gle/rSpwhSHHGmFvluxq6
- For queries contact Cheryl Pereira
  (Director at Take Charge Mentorship) <a href="mailto:cheryl.takecharge@gmail.com">cheryl.takecharge@gmail.com</a>



Please do share your insights, learnings, feedback or suggestions with us. We are constantly looking to improve and to provide an enriching experience for all involved. Your contributions are welcome and appreciated. Help us make this experience more and more meaningful. Again, a sincere thanks to all our contributors and to the team for helping us make this issue a success.

You can reach us at:

#### takechargementorship@gmail.com

Click on the icon to go directly to our social media page





Instagram

@takechargeindia



Take Charge Mentorship

## Tell us...

- How I connected with my mentor/mentee?
- Were they what I imagined?
- What has been your learning so far?
- What would you like to know more of in our next newsletter?

Do share your creative work with us (poems, photographs, paintings, Writeups, etc.) we would love to showcase your talents.

Send your responses to the team and stand a chance to be featured in our next newsletter.

